Jacob's Ladder

Jacobs Ladder is a patented commercial cardio machine specifically designed for fitness enthusiasts, athletes and professionals. Its unique design places the user at a 40° angle in order to take stress off of the lower back.

Because Jacobs Ladder is self-paced, the faster you go, the faster it goes, in order to stop, just slow down. Jacobs Ladder is also self-powered, so without the need for an electrical outlet, you can place it anywhere in your facility.

The simultaneous use of upper and lower extremities while controlling trunk movement supplements a core stabilization program.

- + Design for very low impact on all joints and is therefore used for rehab of lower body and back injuries.
- + Gives the user the ability to train either aerobically or anaerobically.

WARRANTY
Parts – 4 year
Labor - 1 year



